# **Southwell Primary School**

#### Newsletter Week: 3 Term 3 6 August 2020

Principal: Elizabeth Melville MCS: Janine Hart

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Dear Parents and Caregivers,

At Southwell Primary, positive relationships are viewed just as important as academic results. We raise fine young people who are ready to learn, lead and serve in their community. Academic excellence is important;

however, we want our students to achieve so much more - we empower them to change the world.

To do this our teachers maximise the learning potential of all students in their class. Developing positive relationships between a teacher and student is a fundamental aspect of quality teaching and student learning.





Kind regards. Elizabeth Melville Principal

Families of Southwell students should expect to know how our staff develop positive teacher-student relationships so you know what to look for at your child's school. Positive teacher-student relationships promote a sense of school belonging and encourage students to participate cooperatively. Students develop confidence to experiment and succeed in an environment where they are not restricted by the fear of failure. Teachers are able to assist students with motivation and goal setting and students can turn to them for advice and guidance.

The year 2-3 class enjoy experiencing how their learning is made into fun activities. The creation of an enjoyable learning environment encourages student attendance and participation.

We would like to acknowledge the Noongar people who are the Traditional Custodians of this land. We would also like to pay respect to the Elders past and present of the Noongar nation and extend that respect to other Indigenous Australians who are or may be present.

## **Community Survey**

Information from the school survey assists me as the principal, the teachers and school advisory committees evaluate our school and its programs. Our school is working to strengthen partnerships with families and community members in order to help children perform better in school. Surveys will been sent home with every child so that other family members that regularly care for your children can be involved and offer their opinion about the school.

Please complete and return the survey in the envelope so that your children qualify for a free lunch at the sausage sizzle.

Surveys will be accepted up until Thursday 3<sup>rd</sup> September. Sausage Sizzle Day: Friday lunchtime, 4<sup>th</sup> September.



#### Deadly Arts Song room is coming to Southwell

This program provides opportunities for students in years 4 to 6 to learn about and value Aboriginal and Torres Strait Islander histories, cultures and knowledge. Deadly Arts explores local Noongar culture and our programs are delivered by very skilled and experienced Noongar teaching artists.

In the first session students will be introduced to Artists and have a go at drawing dreamtime animals. This will help them identify, use and interpret line, shape, colour, texture, space, time, tone & value.

In other sessions students will be painting animal pictures in preparation for designing a school mural. Students will learn about 'Indigenous Iconography' this is where students learn about interpreting the meaning and messages of Aboriginal art.

Together the students will create a new mural for the school. This will give students the chance to identify, use & interpret design elements & principles of visual art.

The end result will be a beautiful mural designed and painted by the students that recognises Noongar artwork & artistic skills of our students.

## **Southwell Primary School Cross Country**

It's time again, for our students to get their running shoes ready for our Southwell Cross Country.

The event will be taking place in and around the school on the **13th of August 2020** at approximately **1:45pm**. All students from year 1 to 6 will be participating and parents are welcome to come and watch their child on the day.

Cross Country is a great way for the children to push themselves to achieve their personal best time. Successful students will be invited to represent Southwell Primary at the Interschool Cross Country Carnival at Manning Park on the 20th August.

Every Child Every Chance Every Day

#### Boonderu

Boonderu started its relationship with Southwell back in May 2019 and is an embedded education initiative that reinforces self-worth and positive behaviours by using the incredibly powerful tool of music. They allow students of all academic abilities and ages to express themselves through music.

Boonderu provides compassionate relief by using music and its therapeutic power to address the educational, social and emotional needs of Southwell's children.

While there was quite some disruption during Covid-19 restrictions, Boonderu has provided instrumental and other music workshops that: (i) help students relieve distress and communicate through music; (ii) enhance student self-worth, self-esteem and self-expression and develop communication and social skills; (iii) reinforce student positive behaviours and changes, such as encouraging their school attendance; and (iv) improve basic literacy and numeracy in children.



#### You can influence how school is run – join the School Council

People of the community can influence what happens in classrooms, what happens in grounds and the decisions made by the principal. We have a school council which meets to discuss the development of the school and make decisions. Your ideas could ensure community expectations and the school's priorities reflect the needs of students. School Council take part in:

- establishing and reviewing the school's objectives, priorities and general policy directions;
- planning financial arrangements necessary to fund those objectives, priorities and directions:
- evaluating the school's performance in achieving those objectives, priorities and directions;
- formulating codes of conduct for students at the school;

The next meeting will be held in the Library at 1:45pm Thursday 19 August 2020. Please see Elizabeth Melville, Principal for any further information.

## Dates to remember:

13/8/20	Cross Country Event 1:45 at school.
21/8/20	Science Day
19/8/20	School Council Meeting 1:45 in the Library.
20/8/20	Interschool Cross Country at Manning Park.
3/9/20	Southwell Sports carnival.
4/9/20	Free Sausage Sizzle lunch for Survey respondents.
16/9/20	School Photo Day

#### **Merit Awards**

Congratulations to all of this week's Recipients:

Charles Riley Cooper Sharpe
Caden Patmore Amber Sharpe
Shakeeda Eades Malcolm Riley
Antonio Amour Koby Kumar

Ja'marley Cornwall Brighton Barambereye Lila Thompson-Mourish



Place your lunch order on Tuesday.

## **Healthy Habits**



#### Sleep

School-aged children need 10 -11 hours sleep a night. Getting a good night's sleep will help your child to be more settled, focused, happy and ready for school, and will strengthen his/ her immune system. Here are some sleep tips:

Have a bedtime routine – this will help your child wind down from the day.

Discontinue screen time at least 1 hour before bed.

Keep the bedroom dark, cool and quiet - this will help your child settle easily.

If anxieties or worries are keeping your child from relaxing, acknowledge the feelings and provide reassurance or plan to sort the issue out in the morning after a good night's sleep.

It is important to note that, medication is not the answer to children's sleep problems.

If you have any questions or concerns about your child's sleep, please feel free to contact your Community Health Nurse- Melanie Rodrigues on 9314 0100 or go to http://raisingchildren.net.au for more information.

Don't forget to order on Tuesdays for a delicious lunch on Wednesdays Next week 12 August Sweet chilli Chicken with Rice and Tomato/Cucumber salad. \$4.00

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Date	Menu choice	Name	Room	No.	Amount
12 August	Sweet chilli chicken with rice and tomato/ cucumber salad				



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