



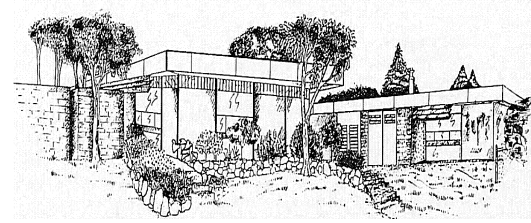
# Southwell Primary School

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Principal: Elizabeth Melville  
Manager Corporate Services:  
Janine Hart

## Newsletter

Week: 10 Term 3

19th September 2018



### DATES TO REMEMBER

**Week 10**

**Last day of Term 3  
Friday 21st September.**

**Term 4 Begins**

**Monday 8th October  
For Pre Primary and  
Years 1-6**

**Kindergarten—  
Tuesday 9th October.**

**Wednesday**

**24th October  
School Open Day and  
Assembly**

**Friday 26th October  
School Council Meeting**

Dear Parents and Caregivers,

Ms Tracey Boreham:

I have visited Ms Tracey's class every day as a participator and/or observer of her classroom activities. The well-being of students is always Ms Tracey's primary focus. In her classroom, each person's ideas and opinions are valued. Students feel safe to express their feelings and learn to respect and listen to others. She creates a welcoming learning environment for all students.

The mutual respect in Ms Tracey's classroom provides a supportive, collaborative environment. In this small community, there are rules to follow and jobs to be done and each student is aware that he or she is an important, integral part of the group.

She lets students know that they can depend not only on her, but also on the entire class.

Ms Tracey is warm, accessible, enthusiastic and caring. She is approachable, not only to students, but to everyone at school. She is the teacher to whom



students know they can go with any problems, concerns or even to share a funny story. She possesses good listening skills and makes time for anyone who needs her.

Ms Tracey sets high expectations for all students. She realises that the expectations she has for her students greatly affect their achievement. She knows that students generally give to teachers as much or as little as is expected of them.

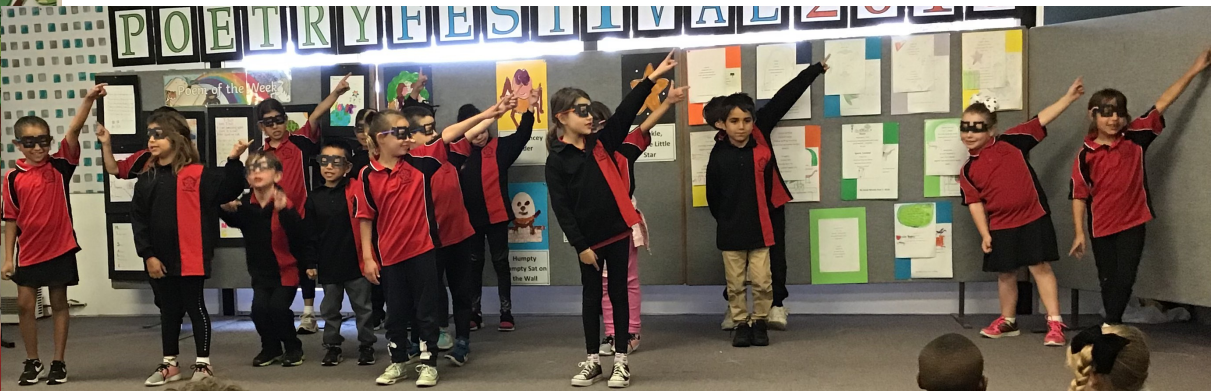
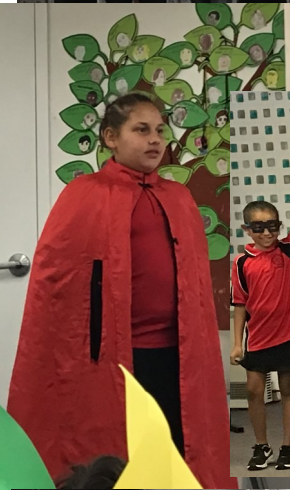
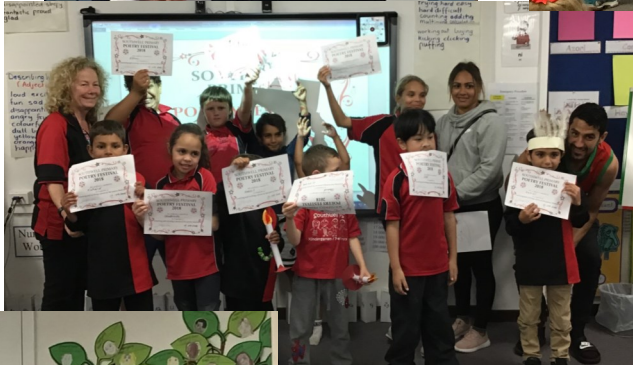
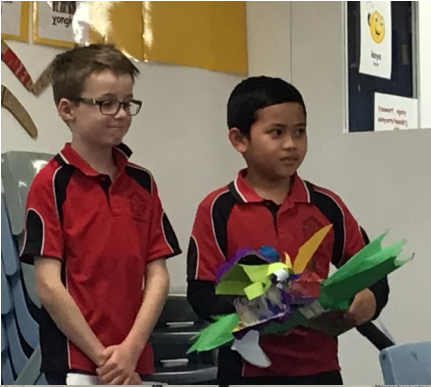
Kind regards  
Elizabeth Melville

Principal.

*We would like to acknowledge the Noongar people who are the Traditional Custodians of this land. We would also like to pay respect to the Elders past and present of the Noongar nation and extend that respect to other Indigenous Australians who are or may be present.*

## Poetry Festival

Last week our Poetry Festival took place. Our thanks once again to Mrs Forsythe for all her hard work in organising this fabulous event. Children were excited to present their class poems to a large parent audience. Then the afternoon saw individual poems presented in small groups throughout the rooms. Well done to everyone on their performances.



*Every Child*

*Every Chance*

*Every Day*

## *Important Term Dates*

Term 3 **finishes** on Friday 21st September (This Friday) for 2 weeks holidays.

Term 4 **begins on Monday 8th October** for students Pre Primary to Year 6.

**Kindergarten** students begin on **Tuesday 9th October**.



## *P&C Meeting*

The P&C will meet on 16th October at 2pm. Venue: The meeting room in the library. Please attend and become part of this group. All help is greatly appreciated.

## *School Council Meeting*

The School Council will meet 26th October, week three of next term. Venue: The meeting room in the library.

Please attend and become part of this group. We will be seeking a new Chairperson for 2019. Southwell would also like to thank Mr Logan Howlett who has been the Chairperson since the Councils inception. Mr Howlett's help and guidance has been invaluable to us all.



## *Helpful Information*

Bedwetting, or nocturnal enuresis, is common in children. Bedwetting has nothing to do with dreaming or deep sleep and children who wet the bed are not “just being lazy”.

If your child wets the bed you can assist by encouraging good toileting habits, establish a before-bed toilet routine and ensure your child is drinking enough water during the day and eating a healthy diet. It is not helpful to restrict fluids even before bedtime, although sugary or caffeinated drinks should be avoided.

If your child has not yet turned 5 years of age you may like to try the “NO Nappies” program.

If your child is still wetting the bed after five and a half years of age please speak with your local doctor. The doctor will assess your child and provide you with a referral for the community health Enuresis program in your local area. A bedwetting alarm program is an effective and safe method of treatment available for nocturnal enuresis and may be appropriate for your child.

Contact your local Community Health Nurse or Community Health Centre, **Linda Kavanagh Or Sarah Wrigley** on **6332 0100** for more information.

*Every Child*

*Every Chance*

*Every Day*

# SENSE RUGBY



CALM AND CONNECTED

PROMOTING SELF REGULATION



## RUGBY BASED OCCUPATIONAL THERAPY

Using modified rugby drills to help kids:

- process sensory information
- focus on activities
- work on their coordination
- manage their emotions
- have fun with other kids!



**When:** Thursdays

**Dates:** 11th October – 13th December

**Costs:** \$40 p/session, or \$50 p/session if NDIS

**Where:** Harvey Field, Broome St, Cottesloe

SIGN UP AT <http://www.senserugby.com.au/sign-up-here/>

CONTACT KATIE FOR MORE INFO - [katie.barnes@westernforce.com.au](mailto:katie.barnes@westernforce.com.au)

0488 990 083

PosterMyWall.com

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*Every Day*