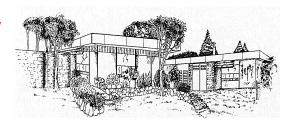


# Southwell Primary School

26 Grandpre Crescent, Hamilton Hill 6163

29418 1622

Email: Southwell.ps@education.wa.edu.au Web: www.southwellps.wa.edu.au



Principal: Elizabeth Melville Manager Corporate Services: Yvonne Bopp

# Newsletter

Week: 8 Term 1 27th March 2019



#### DATES TO REMEMBER

Week 10
April 9th
Phoenix Shopping
Centre Excursion.

Dear Parents and Caregivers,

Skills program at Southwell.

Southwell staff recognise that helping children to have fun is an important aspect to learning to be a good sport along with developing the skills, motivation and confidence to be active for life. The Kiddo program is about getting kids aged 3 to 8 moving to build fundamental movement skills and learn about how to be a good sport. This program supplements what our staff are currently doing for children.

Southwell is delighted to welcome this specialist program developed by academics at the University of Western Australia. Southwell students access information, practical resources delivered by experts. But it doesn't end with the students, there is more for parents, teachers and early learning educators with online information. Just visit

https://www.kiddo.edu.au/about-kiddo-program

for more information.

Southwellps Facebook page

This year Miss Surya in year 1-2 class has built a new Facebook page for Southwell. It would be very easy to get confused as there is an old page built years ago by the P&C of the day, it has been inactive for many years. Then there is one for Southwell school in Hamilton New Zealand just to confuse us! You will know you have taken a wrong turn on that one as the pictures are nothing like you would expect from our school.

Join us at

https://www.facebook.com/southwellps/?modal=admin\_todo\_tour to see the smiling faces of your children busy at work and play.

Kind regards Elizabeth Melville

Principal.

### Our Cockburn Gazette Artícle

Murals completed by hundreds of hands have been donated to four Cockburn primary schools.

The community street activation project saw artist Mel McVee design the ocean-themed murals, which were then completed by scores of everyday people who attended Coogee Live earlier this month.

The artworks, each made of four marine grade ply mural boards, were then donated to Coogee, South Coogee, Southwell and Spearwood primary schools.

Two more murals have been saved for installation at a new park.

Southwell PS principal Elizabeth Melville said the donated mural was a welcome addition to their school grounds.

"The mural art donated to Southwell helps students explore and interpret local stories and, in turn, share discoveries and learn more about how other people see the Cockburn area," she said.

"The donated mural art links Southwell students to the solid foundation of learnt expertise and shared investigation about Cockburn.

"The dedication and passion of the coordinating artist and the project participants is an important reminder of the power of collaboration."

The City of Cockburn and Fremantle Ports sponsored the project.



## A New School Message System

We are pleased to advise that Southwell Primary School is implementing messageyou™Schools, a mobile phone messaging system to communicate student unexplained absences to parents/guardians. This new communication system uses Short Messaging Service (SMS) and will send text messages to parent/guardian mobile phones when your child is absent from school (in the instance that an

explanation has not already been provided).

Commencing Monday 1st April, 2019, our computer system will automatically send parents/guardians a message similar to:

<School Initials> records show <Student Name> is absent <Day/Date>. Please reply SMS or call SchoolTel>, student name/reason/absent date

SMS is designed to advise parents that according to school records, the student has been absent and no reason has been provided to the school.

Parents can send a reply SMS to the school advising of the reason for the student absence.

It is a legal requirement that parents contact the school regarding any student absences or reasons for lateness. If an explanation for the absence has been provided then parents will not receive an SMS. Please note there may be some circumstances out of our control, such as power outages, where we cannot send SMS.

Parents need to be aware that this system is an additional absence follow up service only. There will be times when parents may not receive a text message due to technical issues. In cases where you are concerned about your child's attendance, please contact the school directly on 9418 1622.

Once absence notification messages have been implemented, the use of SMS communications may be extended to wider uses such as a reminder about a school event.

It is expected that the use of SMS communication to parents will assist in reducing the number of unexplained student absences and help inform the school and parents as to the whereabouts of every student. The SMS strategy is already being used across many Western Australia schools as a successful initiative to improve communication to parents and to encourage students to take responsibility for their attendance at school.



#### Water—a Health Essential

It's important to hydrate yourself by drinking plenty of water throughout the day.

In summer, the hot weather reminds us that we are thirsty.

It's easy to neglect hydration when the weather becomes cooler because we think our body doesn't need any more water.

Keeping your body well hydrated will help to keep your skin healthy, flush out toxins and ward off winter bugs.

Water: Regulates body temperature

Makes up 83% of blood

Composes 75% of the brain

Makes up 75% of muscles

Accounts for 22% of bones

Helps convert food into energy

Helps carry nutrients and oxygen to cells

Protects and cushions vital organs



### Kids Help Line

kidshelpline.com.au 24 hour service for children aged 5-12 years



1800 55 1800

Family helpline 24 hour service. Perth Councillors -(08) 9223 1100

Ngala Parenting line. The Ngala Parenting line offers phone advice and support to parents and carers of children up to 18 years old.

This is a free call back service. Metro - 9368 9368

**Regional 1800 111 546** 

Crisis Care Unit For help in an urgent crisis or situation.

1800 199 008 Free call (08) 9325 1111



# Government of Western Australia Child and Adolescent Health Service



## **Triple P Positive Parenting Program**

You are invited to attend a Group Triple P. Triple P teaches positive, practical and effective ways to manage common issues which most parents will face.

Parents will learn effective parenting strategies such as ways to encourage behaviour you like, how to promote your child's development and how to prevent or manage common child behaviour problems.



The next **FREE** 8 week Group is held:

When: Starting Thu 9 May 2019

**Location:** Coolbellup Community Centre

**RSVP:** Bookings are essential and as places are limited.

To book online

www.healthywa.wa.gov.au/parentgroups

Unable to book online? Please call 1300 749 869

To find other available programs visit our website www.healthywa.wa.gov.au/parentgroups

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