



Southwell Primary School

Health (Mental and Physical) and Wellbeing Strategic Plan 2017 - 2019

Co-ordinator: Elizabeth Melville with all staff.

Objectives: Create A positive school community. Whole school use and understand the process for improving student health and wellbeing.
All staff work with families and the community as a key environment for comprehensively supporting children's mental and physical health and wellbeing.

Major Strategies: (General, broad strategies, can include instructional strategies)

1. All staff are professionally developed to work with families and the community in supporting children's mental and physical health and wellbeing.
2. Develop policies and practices that promote a positive school community including engagement with parents and carers.
3. Deliver explicit and consistent social and emotional programs for students, using PATHS Program
4. Use the K-10 syllabus and SCASA documents to direct curriculum assessment and reporting in Physical health.
5. Encourage healthy eating principles as outlined in 'Traffic Lights for Healthy eating'
6. Develop clear processes and practices that help children experiencing mental health difficulties.

Improvement Targets: (Should be very broad / What are we going to focus on the next 3 years to improve student learning/ out comes)

Strategy 1 Target: A. School community promotes mental and physical health and wellbeing. B. Respectful relationships, belonging and inclusion.

Strategy 2 Target: A. Effective social and emotional learning (SEL) curriculum for all students. B. Opportunities for students to practise and transfer their social and emotional skills.

Strategy 3 Target: A. Collaborative working relationships with parents and carers. B. Support for parenting. C. Parent and carer support networks

Strategy 4 Target: A. Understanding mental health difficulties and improving help-seeking. B. Responding to students experiencing mental health difficulties.

Resources: (Physical / professional / funding etc)

Curriculum: <https://www.kidsmatter.edu.au/primary>

PATHs. Helping Minds WA.

Canteen Menu.

Viewed on 16th November 2016 by:

_____	_____	_____
_____	_____	_____
_____	_____	_____